

Pool Programme

Term time

1st Sept - 22nd Oct 2010

1st Nov - 17th Dec 2010

- PS: Public Swimming
- P&T: Parent and Toddler
- AF: Aqua Fit
- PH: Private Hire
- AO: Adult Only
- ASL: Adult Swim Lessons
- SWL: Swim Wise Lessons
- FS: Fun Session
- DSS: Disabled / Silver Swim
- SAF: Silver Aqua Fit

For more information
or book a class please
contact reception on
01963 824400

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PS 7.00am - 10.00am		PS 7.00am - 10.00am	PS 7.00am - 10.00am	PS 7.00am - 11.00am	PH	PH
DSS 10.00am - 11.00am	P & T 9.30am - 11.00am				SWL 8.00am - 12.00pm	
PH 11.00am - 12.00pm	SWL 11.00am - 12.00pm	PH 10.00am - 12.00pm	PH 10.00am - 11.00am	SWL 10.00am - 11.00am		P & T 9.30am - 11.30am
PS 12.00pm - 1.30pm	PS 7.00am - 2.30pm	PS 12.00pm - 1.30pm	PS 11.00am - 1.30pm	PS 12.00pm - 1.30pm	PH 11.00am - 12.00pm	PS 11.00am - 2.00pm
	AF 12.45pm - 1.30pm					PS 8.00am - 2.00pm
PH 1.30pm - 2.30pm	PH 1.30pm - 2.30pm	PH 1.30pm - 2.30pm	PH 1.30pm - 3.00pm	PH 1.30pm - 2.30pm		
PS 2.30pm - 4.00pm	PS 2.30pm - 4.00pm	DSS 2.30pm - 4.00pm	PS 3.00pm - 4.00pm	DSS 2.30pm - 4.00pm	FS 2.00pm - 4.00pm	FS 2.00pm - 4.00pm
				SAF 3.00pm - 4.00pm		
SWL 4.00pm - 6.00pm	SWL 3.00pm - 6.00pm	PS 4.00pm - 5.00pm	SWL 3.00pm - 6.00pm	PS 4.00pm - 6.00pm	PS 4.00pm - 5.00pm	PS 4.00pm - 5.00pm
		PH 5.00pm - 6.00pm	SWL 4.00pm - 6.00pm	SWL 4.00pm - 6.00pm	PH 4.00pm - 6.00pm	PH 5.00pm - 6.00pm
PS 5.00pm - 9.00pm	PS 6.00pm - 8.00pm	PS 6.00pm - 9.00pm	PH 6.00pm - 9.00pm	PH 6.00pm - 7.00pm	PH 4.00pm - 10.00pm	PS 6.00pm - 8.00pm
	AF 7.00pm - 9.00pm			DSS 7.00pm - 8.00pm		
	ASL 8.00pm - 9.00pm	AF 7.00pm - 9.00pm		PS 8.00pm - 10.00pm		AO 8.00pm - 10.00pm
AO 9.00pm - 10.00pm	PS 9.00pm - 10.00pm	AO 9.00pm - 10.00pm	PS 9.00pm - 10.00pm			